

Dr. Tanner Anderson: UNC Orthodontics 1st Year Resident

- Background
 - Life
 - From a small town: Valdese, NC
 - Loves to travel a lot
 - Athletics
 - Played basketball, football, track and field
 - Education
 - Undergrad at Duke: Biology
 - Track and Field Team
 - Path To Dentistry
 - Grew up liking math, science, etc.
 - Parents suggested he should consider dentistry
- Dental School
 - How to Prepare
 - Do well in school
 - Find a mentor
 - BTG
 - Find something you're passionate about
 - Sports
 - Shadow
 - SHAC
 - AADSAS
 - Letters of Rec
 - What to expect
 - Most programs are 4 years
 - Didactic/Preclinical → Clinical
 - Service
 - ENNEAD, SHAC, SHC, etc
 - Leadership
 - ASDA, Spurgeon, Class Reps, etc.
 - 3rd Year
 - Decide your path
 - Specializing
 - 9 Dental Specialties
 - Process
 - Explore Specialties
 - School and Private Practice
 - Make the Decision
 - Network
 - Facetime
 - Letters of Rec

- Apply
 - PASS/Match
 - Interviews
- Orthodontics
 - Quick History Lesson
 - First evidence of orthodontic tooth movement was in Greece
 - 1880s
 - Father of American Orthodontics
 - Edward Angle
 - 1990s- Modern Theory
 - Ackerman and Proffit's
 - "Soft Tissue Paradigm"
 - Role of an Orthodontist
 - Specialist in diagnosis and treatment of various forms of malocclusion
 - Determine etiologies of malocclusions
 - Dental
 - Skeletal
 - Functional
 - Types of Treatment
 - Braces/Invisalign
 - Growth modification
 - Surgery coordination
 - Why
 - Improves function
 - Improves oral health
 - Psychosocial implications
 - Growth Modification
 - Headgear
 - High pull vs cervical pull vs reverse pull
 - Functional appliances
 - Naso-Alveolar Modeling
 - Surgical Coordination
 - Lefort
 - Look at fracture patterns
 - BSSO
 - Look at fracture patterns on mandible
 - Genioplasty
 - Cut off a wedge of chin
 - Not as invasive as BSSO
 - Life as a Resident
 - 3 Years
 - Ortho Culture
 - Socials, Parties, Halloween, etc.

- Daily Schedule
 - Monday, Wednesday, Friday: clinic all day
 - Emergencies: AM
 - Bands and Bonds and Arch Wire advisement: PM
 - Tuesday, Thursday
 - Classes: AM
 - Appointments: PM
 - Lunch clinic seminar
 - Faculty brings in interesting cases
 - New ideas
 - Minimal homework
 - No tests