

Dental Student Panel Years 1 & 3

- Q&A
 - 3rd time's the charm...what's the deal with persistence?
 - Do something different each year
 - Internship
 - Summer academic enrichment program at UNC
 - What is an above average DAT score?
 - Average is 22 at UNC
 - If you have a certain GPA and DAT then the software pulls you off for interview
 - How many schools did you apply to?
 - Out of state school have to meet a quota so keep that in mind
 - If you have the schools...apply to public schools
 - If you don't have the numbers...apply to the private schools
 - Only apply where you want to go
 - What did you do different when reapplying?
 - Shadow a variety of specialties
 - Email the dean of admissions right after you apply
 - They may print it out and put it in your file
 - How do you show individuality?
 - Study abroad
 - Experiences
 - Leadership
 - What stood out from you from your interviews?
 - Don't wear all black to your interview
 - Name an uncomfortable time when you were shadowing?
 - ECU
 - 7-8 people also interviewing
 - UNC
 - 60 some people also interviewing
 - What were your greatest intrinsic and extrinsic factors?
 - What type of volunteering did you do?
 - Free Dental Clinic in Hometown
 - Undergrad clubs
 - MOM clinics
 - SHAC clinics
 - Prevention and Education
 - Especially kids
 - Hospital Volunteer
 - Dental Clinic
 - Research
 - Should you talk about specialities?
 - Sure; if you can back it up

- Strategies you have used for time management?
 - Create a calendar and plan our your day
- What is a normal day like?
 - In class from 8am-5pm
 - 1 hour lunch break at 1pm
 - Random hours here and there
 - Come home, eat dinner, watch TV, workout
 - 7pm-11pm study
- Tips
 - Keep a journal and write down why you want to be a dentist every time you think of something